



The Quick Weight-Gain Program: Safe, easy, weight gain for every age and situation

By David Reuben M.D.

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Editorial Review

About the Author

David Reuben, M. D., is a Physician and Surgeon with a specialty in Psychiatry. He graduated from the University of Illinois College of Medicine and served his residency at the Cook County Hospital in Chicago. After internship and residency he served as a Medical Officer with the U.S. Air Force before establishing his own medical offices. He has practiced medicine in Illinois, and California. His books have been New York Times best-sellers and have been published in more than fifty countries in over fifty languages. Dr. Reuben is especially known for his first Number One best-seller, Everything You Always Wanted To Know About Sex But Were Afraid to Ask™, that reached approximately one hundred fifty million readers around the world. His other eight books have revolutionized scientific concepts of good health in many ways. For example, The Save-Your-Life Diet™ transformed the dietary habits in America as well as in many countries around the world. Just check your supermarket shelves to see how many products now showcase their fiber content. Connect with the Author online: Webpage: <http://www.davidreubenmd.com> Twitter: <https://twitter.com/davidreubenmd>? Facebook: <https://www.facebook.com/DReubenMD>

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