



The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One

By Chogyam Trungpa

Download now

Read Online 

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa

The Profound Treasury of the Ocean of Dharma represents meditation master Chögyam Trungpa's greatest contribution to Western Buddhism. This three-volume collection presents in lively, relevant language the comprehensive teachings of the Tibetan Buddhist path of the hinayana, mahayana, and vajrayana. This work will resonate with new students of Buddhism as well as the most senior students.

The first volume, *The Path of Individual Liberation*, presents the teachings of the hinayana. The hinayana introduces core Buddhist teachings on the nature of mind, the practice of meditation, the reality of suffering, and the possibility of liberation. It examines the nature of suffering, impermanence, and egolessness, with an emphasis on personal development through meditative discipline and study. The formal entry into the hinayana and the Buddhist path altogether is the refuge vow, in which a student goes for refuge to the Buddha, or the teacher; the dharma, or the teachings; and the sangha, or the community. The hinayana path is based on training in mindfulness and awareness, cultivating virtue, and cutting grasping. Topics covered in detail in this volume include the four noble truths, karma, the four foundations of mindfulness, meditation practice, the refuge vows, the three jewels, the five skandhas, the five precepts, twofold egolessness, and more.

 [Download The Path of Individual Liberation \(volume 1\): The ...pdf](#)

 [Read Online The Path of Individual Liberation \(volume 1\): Th ...pdf](#)

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One

By Chogyam Trungpa

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa

The Profound Treasury of the Ocean of Dharma represents meditation master Chögyam Trungpa's greatest contribution to Western Buddhism. This three-volume collection presents in lively, relevant language the comprehensive teachings of the Tibetan Buddhist path of the hinayana, mahayana, and vajrayana. This work will resonate with new students of Buddhism as well as the most senior students.

The first volume, *The Path of Individual Liberation*, presents the teachings of the hinayana. The hinayana introduces core Buddhist teachings on the nature of mind, the practice of meditation, the reality of suffering, and the possibility of liberation. It examines the nature of suffering, impermanence, and egolessness, with an emphasis on personal development through meditative discipline and study. The formal entry into the hinayana and the Buddhist path altogether is the refuge vow, in which a student goes for refuge to the Buddha, or the teacher; the dharma, or the teachings; and the sangha, or the community. The hinayana path is based on training in mindfulness and awareness, cultivating virtue, and cutting grasping. Topics covered in detail in this volume include the four noble truths, karma, the four foundations of mindfulness, meditation practice, the refuge vows, the three jewels, the five skandhas, the five precepts, twofold egolessness, and more.

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa Bibliography

- Rank: #244339 in eBooks
- Published on: 2013-04-08
- Released on: 2013-04-08
- Format: Kindle eBook



[Download The Path of Individual Liberation \(volume 1\): The ...pdf](#)



[Read Online The Path of Individual Liberation \(volume 1\): Th ...pdf](#)

Download and Read Free Online The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa

Editorial Review

Review

"The compassionate heart of my teacher, the Vidyadhara, Chögyam Trungpa Rinpoche, shines through in this, his articulation of the entire Buddhist path. He never lost sight of the fact that every aspect of the teaching is about nothing else than the freedom of awakening—and his great gift is that he never lets any of us lose sight of that either."—Pema Chödrön

"One of the most remarkable and brilliant teachers of modern times."—Jack Kornfield

"Chögyam Trungpa Rinpoche had a particular genius in presenting the Dharma to Western audiences. . . . These volumes display the far-reaching goodness that can be created in the world when compassion and devotion come together."—H.H. the Karmapa, Ogyen Trinley Dorje

"With the publication of *The Profound Treasury of the Ocean of Dharma*, these seminary transcripts have taken birth as three user-friendly volumes, beautifully arranged and elegantly edited without losing the author's intention or voice. The volumes offer a glimpse of the heart teachings of the Vidyadhara, given to his students over several years with his uniquely provocative and meticulous style, enhanced by his knowledge of Western epistemology and psychology."—Dzogchen Ponlop Rinpoche, *Buddhadharma*

About the Author

Chögyam Trungpa (1940–1987)—meditation master, teacher, and artist—founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spiritual Materialism*, and *The Myth of Freedom*.

Judith L. Lief was a close student of Chögyam Trungpa, who authorized her as a teacher in the Buddhist and Shambhala traditions. She has served as one of his primary editors for over twenty-five years.

Users Review

From reader reviews:

Tracy Caudle:

Beside this particular The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One in your phone, it might give you a way to get closer to the new knowledge or info. The information and the knowledge you will get here is fresh through the oven so don't be worry if you feel like an outdated people live in narrow community. It is good thing to have The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One because this book offers to you personally readable information. Do you oftentimes have book but you rarely get what it's all about. Oh come on, that would not happen if you have this in the hand. The Enjoyable blend here cannot be questionable, such as treasuring beautiful island. Use you still want to miss that? Find this book in addition to read it from now!

Jordan Moore:

This The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One is completely new way for you who has curiosity to look for some information mainly because it relief your hunger of knowledge. Getting deeper you in it getting knowledge more you know otherwise you who still having little bit of digest in reading this The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One can be the light food for yourself because the information inside this specific book is easy to get by simply anyone. These books acquire itself in the form and that is reachable by anyone, yep I mean in the e-book form. People who think that in book form make them feel tired even dizzy this guide is the answer. So you cannot find any in reading a e-book especially this one. You can find actually looking for. It should be here for an individual. So , don't miss the idea! Just read this e-book type for your better life and knowledge.

Myrtle Galloway:

With this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become one of it? It is just simple method to have that. What you must do is just spending your time not very much but quite enough to possess a look at some books. On the list of books in the top checklist in your reading list is The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One. This book and that is qualified as The Hungry Hillsides can get you closer in turning into precious person. By looking way up and review this e-book you can get many advantages.

Lillie Stein:

Reading a book make you to get more knowledge from this. You can take knowledge and information from your book. Book is created or printed or outlined from each source in which filled update of news. Within this modern era like right now, many ways to get information are available for a person. From media social like newspaper, magazines, science guide, encyclopedia, reference book, fresh and comic. You can add your understanding by that book. Do you want to spend your spare time to open your book? Or just searching for the The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One when you desired it?

Download and Read Online The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa #RLO2QIMXHNK

Read The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa for online ebook

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa books to read online.

Online The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa ebook PDF download

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa Doc

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa MobiPocket

The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa EPub

RLO2QIMXHNK: The Path of Individual Liberation (volume 1): The Profound Treasury of the Ocean of Dharma, Volume One By Chogyam Trungpa