



## 2010 Daily Cal: Eat, Drink, and Be Gorgeous

By Esther Blum

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### 2010 Daily Cal: Eat, Drink, and Be Gorgeous By Esther Blum

Every girl deserves to feel gorgeous every day of the year. This daily dishes a year's worth of gorgeous recipes and food drink health and sex tips from expert nutritionist Esther Blum author of the deliciously successful *Eat Drink and Be Gorgeous*. Say Happy New Year to the New You!

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