



# You Lost Me: Why Young Christians Are Leaving Church...and Rethinking Faith

By David Kinnaman, Aly Hawkins

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Close to 60 percent of young people who went to church as teens drop out after high school. Now the bestselling author of *unChristian* trains his researcher's eye on these young believers. Where Kinnaman's first book *unChristian* showed the world what outsiders aged 16-29 think of Christianity, *You Lost Me* shows why younger Christians aged 16-29 are leaving the church and rethinking their faith.

Based on new research, *You Lost Me* shows pastors, church leaders, and parents how we have failed to equip young people to live "in but not of" the world and how this has serious long-term consequences. More importantly, Kinnaman offers ideas on how to help young people develop and maintain a vibrant faith that they embrace over a lifetime.

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- Sales Rank: #285380 in Books
- Published on: 2011-10-01
- Released on: 2011-10-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 6.00" w x .75" l, 1.05 pounds
- Binding: Hardcover
- 256 pages

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### Editorial Review

From the Inside Flap

**More than half of all Christian teens and twentysomethings leave active involvement in church.**

David Kinnaman trains his researcher's eye on these young believers and reveals the factors that contribute to the dropout problem. *You Lost Me* shows why Christians ages 18 to 29 are leaving the church and rethinking their commitment to the faith.

Based on new research conducted by the Barna Group, *You Lost Me* exposes ways the Christian community has failed to equip young adults to live "in but not of" the world--to follow Christ in the midst of profound cultural change. This wide-ranging study debunks persistent myths about young dropouts and examines the likely consequences for young adults and for the church if we maintain the status quo.

The faith journeys of the next generation are a challenge to the established church, but they can also be a source of hope for the community of faith. Kinnaman, with the help of contributors from across the Christian spectrum, offers ideas for pastors, youth leaders, parents, and educators to pass on a vibrant, lasting faith, and ideas for young adults to find themselves in wholehearted pursuit of Christ. **David Kinnaman** is coauthor of the bestselling *unChristian*. He is president and majority owner of the Barna Group, a private, non-partisan research and resource company located in Ventura, California. In Kinnaman's sixteen years at the firm, he has supervised more than 350,000 interviews for client projects and nationwide studies among American adults, teenagers, tweens, and clergy on matters of faith, spirituality, political attitudes, and social dynamics. Barna Group's body of research is often quoted in major media outlets and from pulpits. David frequently speaks on topics of cultural change, young adults, teenagers, vocation and calling, leadership, and generations. He and Jill, his wife, have three children and live in California.

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[www.youlostmebook.org](http://www.youlostmebook.org)

**Learn more about the research:**

[www.barna.org](http://www.barna.org)

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@davidkinnaman

From the Back Cover

**Is the church losing the next generation?**

Millions of young Christians are disconnecting from church as they transition into adulthood. They're real people, not just statistics. And each one has a story to tell.

"I knew from church that I couldn't believe in both science and God, so that was it. I didn't believe in God anymore."--Mike

"When I write a song that's not used in a way that every Christian agrees on, I get hammered. What am I supposed to be using my talents for?"--Sam

"I felt like I had been punched in the stomach . . . I remember thinking on the way home, My non-Christian friends would never do that to me."--Sarah

"It just feels like the church's teaching on sexuality is behind the times."--Dennis

Now the bestselling coauthor of *unChristian* reveals the long-awaited results of a new nationwide study of 18- to 29-year-olds with a Christian background. Discover why so many are disengaging from the faith community, renew your hope for how God is at work in the next generation--and find out how you can join in.

**Includes ideas for passing on a flourishing, deep-rooted faith from:**

Jon Acuff  
Francis Chan  
Shane Claiborne  
Kenda Creasy Dean  
Joshua DuBois  
Donna Freitas  
Steven Garber  
Sara Groves  
Gabe Lyons  
Sean McDowell  
Scot McKnight  
Jedd Medefind  
Britt Merrick  
Walt Mueller  
John Ortberg  
Charlie Peacock  
Kara Powell  
Mark Regnerus  
Richard Stearns  
John Stonestreet  
*And many more*

**About the Author**

David Kinnaman is the coauthor of the bestselling *unChristian* and is the president of The Barna Group, which provides research and resources that facilitate spiritual transformation in people's lives. Since joining Barna in 1995, David has designed and analyzed nearly five hundred studies for a variety of churches, nonprofits, and corporations. He and George Barna write a free research report published online at [www.barna.org](http://www.barna.org). David and his wife, Jill, have three children and live in California.

**Users Review**

**From reader reviews:**

**Richard Horgan:**

Now a day people that Living in the era wherever everything reachable by connect to the internet and the resources included can be true or not need people to be aware of each details they get. How a lot more to be smart in receiving any information nowadays? Of course the correct answer is reading a book. Looking at a

book can help persons out of this uncertainty Information specifically this You Lost Me: Why Young Christians Are Leaving Church...and Rethinking Faith book as this book offers you rich data and knowledge. Of course the information in this book hundred per cent guarantees there is no doubt in it you may already know.

**Richard Byrnes:**

The actual book You Lost Me: Why Young Christians Are Leaving Church...and Rethinking Faith has a lot associated with on it. So when you make sure to read this book you can get a lot of gain. The book was compiled by the very famous author. McDougal makes some research prior to write this book. This book very easy to read you can obtain the point easily after perusing this book.

**Barry Altman:**

Reading a book being new life style in this season; every people loves to examine a book. When you learn a book you can get a great deal of benefit. When you read ebooks, you can improve your knowledge, because book has a lot of information into it. The information that you will get depend on what forms of book that you have read. If you need to get information about your study, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, this sort of us novel, comics, and also soon. The You Lost Me: Why Young Christians Are Leaving Church...and Rethinking Faith offer you a new experience in studying a book.

**Hazel Mercado:**

Is it you actually who having spare time and then spend it whole day simply by watching television programs or just lying on the bed? Do you need something new? This You Lost Me: Why Young Christians Are Leaving Church...and Rethinking Faith can be the response, oh how comes? It's a book you know. You are so out of date, spending your free time by reading in this completely new era is common not a geek activity. So what these publications have than the others?

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