



The Great Little Book of Affirmations (All-New, Expanded Edition)

By Noah St. John, Denise Berard

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Tired of hearing yourself say things like: "Why is my life such a struggle? Why can't I find someone to love? Why don't I have enough time or money?" Change the **QUESTIONS**, change your **LIFE**! In this new, updated edition of the original award-winning book, you'll learn how to transform your life using a simple questioning technique called **AFFIRMATIONS** - empowering questions (not "affirmations") that change what you focus on - and what you focus on, grows! The authors walk you through every area of your life, including **Health - Wealth - Body Image - Conquering Fear - Overcoming Bad Habits & Addictions - Love & Relationships - Work & Career**. You'll discover new questions that will empower you to have **more control, more freedom**, and **more abundance** in every area of your life. **What are you waiting for?**

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Review

"A refreshing and practical new approach to the idea of positive thinking." --Writer's Digest Book Awards, 2001 (1st Edition)

"One of the most significant breakthroughs in the study of success in decades." --Jack Canfield, Chicken Soup for the Soul

"A remarkable system that will help you create the life you want and deserve." --John Gray, Ph.D., Men Are From Mars, Women Are From Venus

About the Author

Noah St. John and **Denise Berard** are Founder and CEO of The Success Clinic of America. People and organizations in over 38 countries are using their proven methods to get better results with less effort in their lives, careers and relationships. Noah's bestseller *Permission to Succeed* is now in its 12th printing, and Denise has over 20 years experience in sales management and consulting. They are also co-authors of the highly popular **Great Little Book of Affirmations** series, including *The Great Little PINK Book* (for independent business success), *The Great Little Green Book* (for building a chiropractic practice), and *The Great Little Wellness Book* (for enjoying optimal wellness in all 7 Realms of Life). For more product information, reviews and programs, please visit The Success Clinic site.

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Cory Marshall:

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