

## Fun Soccer Drills that Teach Soccer Skills to 5, 6, and 7 year olds

By Alanna Jones

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**Fun Soccer Drills that Teach Soccer Skills to 5, 6, and 7 year olds** By Alanna Jones

This book provides 117 drills for teaching soccer skills through fun, easy to use games. The drills are designed to teach the fundamentals of soccer in an enjoyable, positive manner that keeps children focused, engaged, and entertained. Your team will get a great workout, maximum touches on the ball, and develop the basic soccer skills needed to be successful soccer players. Whether you have never coached soccer before or are an experienced coach, you will find useful drills in this book to hold the attention of 5, 6, and 7 year olds! In addition to the 117 soccer drills found in this book you will find 107 variations so there is always a fresh way to teach or reinforce a skill. Topics covered: Warm up, Dribbling, Defending, Passing, Receiving, Long Kicks, Shooting, Team Play, Throw-ins

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### **Editorial Review**

#### **About the Author**

Alanna Jones is an experienced youth soccer coach who holds a National USSF D coaching license. She has a degree in Recreation and is the author of four popular books filled with group games for youth. Alanna combines her knowledge of soccer with her knowledge of interactive games to create a book filled with fun soccer drills for kids. Alanna is currently the Girls Junior Varsity soccer coach for the local high school where she lives. She also coaches at various soccer day camps for young children during the summer.

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