



Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery

By Milton S. Magness

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Genuine healing is available to women and men who seek to restore their integrity and live in continuous sexual sobriety. Through a thirty-day approach, Milton Magness, D. Min., prepares readers for long-term recovery with essential advice on how to cope with isolation, dishonesty, secrecy, and what to expect from therapy.

Milton Magness, D. Min., is the founder and director of Hope & Freedom Counseling Services in Houston, Texas. He is a certified sex addiction therapist and a licensed professional counselor. Dr. Magness is the president of the board of directors of The Society for the Advancement of Sexual Health (SASH).

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Editorial Review

About the Author

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The book Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery will bring someone to the new experience of reading some sort of book. The author style to elucidate the idea is very unique. When you try to find new book to study, this book very ideal to you. The book Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery is much recommended to you to study. You can also get the e-book from your official web site, so you can more easily to read the book.

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