



# I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults

By Cynthia Kim

Download now

Read Online ➔

## I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim

What if instead of being weird, shy, geeky or introverted, your brain is wired differently? For adults with undiagnosed autism spectrum disorder (ASD), there is often an "aha!" moment--when you realize that ASD just might be the explanation for why you've always felt so different.

"I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults" begins from that 'aha!' moment, addressing the many questions that follow. What do the symptoms of ASD look like in adults? Is getting a diagnosis worth it? What does an assessment consist of and how can you prepare for it?

Cynthia Kim shares the information, insights, tips, suggestions and resources she gathered as part of her own journey from "aha!" to finally being diagnosed with Asperger's syndrome in her forties. This concise guide also addresses important aspects of living with ASD as a late-diagnosed adult, including coping with the emotional impact of discovering that you're autistic and deciding who to share your diagnosis with and how.

 [Download I Think I Might Be Autistic: A Guide to Autism Spe ...pdf](#)

 [Read Online I Think I Might Be Autistic: A Guide to Autism S ...pdf](#)

# **I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults**

*By Cynthia Kim*

## **I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim**

What if instead of being weird, shy, geeky or introverted, your brain is wired differently? For adults with undiagnosed autism spectrum disorder (ASD), there is often an "aha!" moment--when you realize that ASD just might be the explanation for why you've always felt so different.

"I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults" begins from that 'aha!' moment, addressing the many questions that follow. What do the symptoms of ASD look like in adults? Is getting a diagnosis worth it? What does an assessment consist of and how can you prepare for it?

Cynthia Kim shares the information, insights, tips, suggestions and resources she gathered as part of her own journey from "aha!" to finally being diagnosed with Asperger's syndrome in her forties. This concise guide also addresses important aspects of living with ASD as a late-diagnosed adult, including coping with the emotional impact of discovering that you're autistic and deciding who to share your diagnosis with and how.

## **I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim Bibliography**

- Sales Rank: #97427 in Books
- Published on: 2013-08-10
- Original language: English
- Number of items: 1
- Dimensions: 7.99" h x .27" w x 5.00" l, .28 pounds
- Binding: Paperback
- 110 pages

 [Download I Think I Might Be Autistic: A Guide to Autism Spe ...pdf](#)

 [Read Online I Think I Might Be Autistic: A Guide to Autism S ...pdf](#)

## **Download and Read Free Online I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim**

---

### **Editorial Review**

#### **Review**

In a nut shell this is Cynthia Kim's story about that huge minefield of getting a diagnosis on the autism spectrum and in sharing her journey of self discovery, and learning about herself with acceptance. One thing you need to know is this is about adults and predominately for adults that are starting to look at themselves and where they may fit or if a label is beneficial for them. This book has another use, and that is for children who have been labelled on the autism spectrum, in childhood and as older teens to young adults need to discover this journey for themselves. It can be easy for us parents to say Yes, you have Asperger's but to confirm this independently is I think important to the acceptance of who you are. Young adults need to understand their own skills, strengths, and weakness to gain independence and self understanding. The book offers quick references and tells you where you can seek out additional information. There is some medical jargon but Cynthia Kim has kept it short and to the point as well as offering the reader what it means in plain English. So yes, this is a lovely well written asset to anyone seeking answers to the question of 'Am I autistic?' offering places to seek information and sharing some great reflective thoughts on ways forward and in just starting to love who you are. --Rae, parent of a teenage son with Asperger's

### **Users Review**

#### **From reader reviews:**

##### **Louise Best:**

This I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults tend to be reliable for you who want to be described as a successful person, why. The key reason why of this I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults can be one of the great books you must have is actually giving you more than just simple studying food but feed anyone with information that maybe will shock your preceding knowledge. This book is usually handy, you can bring it all over the place and whenever your conditions throughout the e-book and printed versions. Beside that this I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults forcing you to have an enormous of experience for example rich vocabulary, giving you test of critical thinking that we realize it useful in your day action. So , let's have it and revel in reading.

##### **Mike Greene:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their down time with their family, or their very own friends. Usually they accomplishing activity like watching television, likely to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own free time/ holiday? Can be reading a book might be option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to test look for book, may be the e-book untitled I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults can be fine book to read. May be it could be best activity to you.

**Ernest Bryan:**

The reason why? Because this I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults is an unordinary book that the inside of the e-book waiting for you to snap the item but latter it will distress you with the secret it inside. Reading this book close to it was fantastic author who also write the book in such amazing way makes the content interior easier to understand, entertaining approach but still convey the meaning thoroughly. So , it is good for you for not hesitating having this any longer or you going to regret it. This book will give you a lot of advantages than the other book get such as help improving your talent and your critical thinking method. So , still want to hold up having that book? If I were you I will go to the book store hurriedly.

**Anne Braden:**

Is it anyone who having spare time after that spend it whole day simply by watching television programs or just resting on the bed? Do you need something totally new? This I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults can be the response, oh how comes? A fresh book you know. You are so out of date, spending your time by reading in this fresh era is common not a geek activity. So what these publications have than the others?

**Download and Read Online I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim #M6ZSXYOI5FK**

# **Read I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim for online ebook**

I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim books to read online.

## **Online I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim ebook PDF download**

**I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim Doc**

**I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim Mobipocket**

**I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim EPub**

**M6ZSXYOI5FK: I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults By Cynthia Kim**