



Handbook of Counselling Psychology

By Ray Woolfe, Sheelagh Strawbridge, Barbara Douglas, Windy Dryden

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This book has done the almost impossible - improve on what was an informative and worthwhile second edition." -. Gella Richards, Roehampton University, London. " The Handbook of Counselling Psychology continues to be a key resource for people considering undertaking a career as a counselling psychologist, current students and more experienced practitioners. It has continued to develop its focus over time and has justly earned a reputation as a classic text This book deserves a place on the bookshelf of every Counselling Psychologist. " -. Professor Rachel Tribe, Director of Professional Doctorate in Counselling Psychology and related programmes at the University of East London. "The contents cover key areas of theory and practice include the key issue of reflexivity that is a particular philosophy and signifier of this profession. The articulation of future opportunities highlights some leading-edge ideas." . Professor Vanja Orlans, Metanoia Institute//Middlesex University. This third edition of a seminal text reflects new developments with counselling psychology. In six sections, it covers areas such as neuroscience, narrative approaches and post-modernist thinking. New chapters include: - the nature of evidence - interpreting case material - attachment theory and neuroscience - community psychology - legal frameworks - testing measurement and diagnosis - the interface between psychopharmacological and psychotherapeutic approaches. Special attention has been paid to the research evidence, current issues and debates, theoretical and philosophical underpinnings, political and resource issues and illustrative case material. The handbook is an essential companion for students and practitioners in the field of counselling psychology, at all stages of their career and across the whole range of settings- NHS, education, private and voluntary."

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