



# Improvisation for the Theater: A Handbook of Teaching and Directing Techniques (Drama and Performance Studies)

By Viola Spolin

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Here is the thoroughly revised third edition of the bible of improvisational theater.

Viola Spolin's improvisational techniques changed the very nature and practice of modern theater. The first two editions of *Improvisation for the Theater* sold more than 100,000 copies and inspired actors, directors, teachers, and writers in theater, television, film. These techniques have also influenced the fields of education, mental health, social work, and psychology.

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### **Editorial Review**

From Library Journal

This new edition of a highly acclaimed handbook, last published in 1983 and widely used by theater teachers and directors, is sure to be welcomed by members of the theater profession. Spolin, who died in 1994, developed her improvisational techniques of using "game" exercises while teaching with the WPA Recreational Project in Chicago. Editor Sills, her son and founder of the Second City Theater, here updates over 200 classic exercises and adds 30 new ones. The creative group work and games, which can be used with all levels and ages of performers, and workshop techniques that enhance performers' natural abilities and intuition are all clearly explained. Also included are useful definitions of theater terms and a glossary of side-coaching phrases. Libraries with older editions will want this excellent update. Highly recommended for all theater arts collections. A Howard E. Miller, Rosary H.S. Lib., St. Louis  
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Review

"Her book is the bible." --Rob Reiner

"It's like basic research ... she [has] changed the theater for generations." --Alan Alda

"She has genius and shares it." --Valerie Harper

About the Author

Viola Spolin, the originator of theater games, was introduced to the use of games, storytelling, folk dance, and dramatics as tools for stimulating creative expression in the 1920s while a student of Neva Boyd at Chicago's Hull House. During her years as a teacher and supervisor of creative dramatics there, she began to develop her nonverbal, nonpsychological approach. Her books have been translated into Swedish, German, and Portuguese. She died in 1994.

Paul Sills is Viola Spolin's son and the founding director of Chicago's Second City and of Story Theater. He is the coeditor of the third edition of *Improvisation for the Theater*.

### **Users Review**

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**Harold McDonough:**

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