



Living Healthy and Happily Ever After: Revised Edition

By *Rebecca Linder Hintze, Dr. Susan Lawton*

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The fairy tale of a good life (happy relationships and good health forever) may seem just like that: a fairy tale. But not to Dr. Susan Lawton and Rebecca Linder Hintze. According to these two experts, each one of us has the opportunity to choose and create happy, healthy lives and stable, functional relationships by applying a few timeless truths and making a connection to mother nature. By making some adjustments to our perceptions, applying the power of thought and intention to the healing process, and adding simple nutritional products and doTERRA CPTG essential oils to our lives, the future never looked so bright. In LIVING HAPPY AND HEALTHY EVER AFTER, Dr. Lawton and Rebecca Hintze address the psychological and physical remedies necessary to live a truly abundant life. Dr. Lawton, a clinical psychologist and biochemist, brings more than forty years of clinical experience and combines her expertise with the wisdom of Rebecca Hintze, family issues expert and the author of the international bestseller, HEALING YOUR FAMILY HISTORY. Among several shared talents and interests, these two women love doTERRA essential oils and nutritional products. They powerfully and effectively teach readers how to use and apply doTERRA products while healing both the mind and body and breaking free of destructive patterns. As you read the pages of this book, expect to move forward into a magnificent reality! You'll be energized, answers you've been seeking will be discovered, and you'll find that this book will be one you'll refer to forever.

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Editorial Review

About the Author

Rebecca Linder Hintze is an author, speaker, former news broadcaster, emotional wellness counselor, and doTERRA Blue Diamond. She has worked in private practice for more than a decade. Her unique ability to help clients unveil core belief patterns and facilitate the healing of dysfunctional family patterns has made her a leading expert on family issues. She has a master's degree from University of East London, School of Psychology. Her book **HEALING YOUR FAMILY HISTORY** (Hay House 2006) was an international bestseller. Dr. Susan Lawton shares her years of experience using essential oils and nutrition to complement the human anatomy and enhance the quality of life in both private and clinical practice. As a chemist, Dr. Lawton has been conducting on-going research with human chemistry and pure essential oils for over 30 years. As a psychologist, Dr. Lawton understands the mind and soul of a patient. She offers incredible solutions to emotional challenges and provides a holistic approach to health, recognizing the powerful way our mind and soul influence our body chemistry. Dr. Lawton has successfully worked with hospice, oncology, addiction and recovery, pulmonary and cardiac conditions, along with infectious diseases and chemotherapy recovery. She has studied in Europe and the United States for over 40 years and shares ideas and protocols in an effort to help people, help themselves.

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