



Entre Nous: A Woman's Guide To Finding Her Inner French Girl

By Debra Ollivier

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Ever wonder what gives French women that *je ne sais quoi*?

At first you might think it's the elegant figure, matchless style, and mysterious allure. Then you realize those qualities don't come from just anywhere. They come from generations of women raised to cultivate an extraordinary sense of self. French women know who they are, like who they are, and excel at presenting who they are.

The rest of us are often susceptible to the next fad, the new thing, the ultimate diet. We're always seeking, instead of realizing that what we already are may be just right. Rarely does an American woman feel as comfortable in her own skin as her French counterpart. And rarely does an American woman have that essentially French ability to say no---to refuse anything that doesn't suit her, whether that thing is a job, a man, or the season's latest styles.

Provocative and practical, lively and intelligent, *Entre Nous* unlocks the mystery of the French girl and the secrets of her self-possession. Why do French women always look inimitably stylish? How do they manage to sit in a café for a three-course lunch and a glass of wine...by themselves? How do they decide when they're ready to let someone become a part of their very private lives?

Laced with practical tips, engaging sidebars, and essential observations about French women and their ways, *Entre Nous* is a delightful book that will help you take the best of all pages from the French girl's book---the page that reveals how to really enjoy life.

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Editorial Review

From Publishers Weekly

Most American women would agree that those Frenchies have something going on. La Femme Nikita, Catherine Deneuve, even Audrey Tatou of *Amélie* fame—they all possess a certain *je ne sais quoi*. In this cutesy pick-me-up of a book, Ollivier—an American married to a Frenchman—insists that you, too, can be glamorous, mythic and mysterious; "a star in the pantheon of feminine beauty and strength." How can American gals tap into their inner Frenchness? Ollivier lays down the law, interspersing her must-dos with sidebars detailing, for example, legendary French ladies from Josephine Bonaparte to Coco Chanel. Among Ollivier's tips: for loungewear, think silk mou-mous or padded zebra-skin mules, not baggy sweat pants; toss the Equal and use regular sugar in your coffee; and go ahead and gossip, but be discreet. Stereotypical? Peut-être. But Ollivier's overall advice—seek beauty everywhere; accept character flaws; don't rush to define a romantic relationship—goes far beyond the realm of France and its women, and is evident in smart women the world over.

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Review

"A fun, interesting read with more to offer than fashion tips.(Ollivier) cracks the French style code." -- *Palm Beach Post*

From the Inside Flap

What makes French girls as serenely self-satisfied as purring cats...and catnip to the men who admire them?

We'd all be as free as the French girl if we looked like her, right? The stereotypical French girl is often insolently thin, casually chic, and fashionable despite a simple wardrobe. With or without makeup she is always put together and utterly self-confident, imbued with natural elegance and an elusive distance that is particularly, maddeningly French.

But this stereotype obscures delicious paradoxes about the French girl and her body. Yes, she does have an exasperating tendency to be thin. Reams have been written trying to decode the mystery of a people who smoke, drink, eat goose fat, and still look fabulous. But in reality, the French girl comes in a multitude of styles and body shapes, and whatever her figure, she looks remarkable and just plain sexy.

The French girl understands that sexy is a state of mind. Her relationship to food and her body is sensual, not tyrannical, and she takes pleasure in both.

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Users Review

From reader reviews:

Roy Brown:

The book *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* gives you the sense of being enjoy for your spare time. You can use to make your capable a lot more increase. Book can being your best

friend when you getting anxiety or having big problem along with your subject. If you can make reading through a book *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* to be your habit, you can get far more advantages, like add your own personal capable, increase your knowledge about many or all subjects. You can know everything if you like available and read a guide *Entre Nous: A Woman's Guide To Finding Her Inner French Girl*. Kinds of book are several. It means that, science publication or encyclopedia or others. So , how do you think about this book?

Frederick Warren:

Spent a free time for you to be fun activity to perform! A lot of people spent their sparetime with their family, or their own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to consider look for book, may be the e-book untitled *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* can be excellent book to read. May be it may be best activity to you.

Paul Birch:

The reason why? Because this *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* is an unordinary book that the inside of the e-book waiting for you to snap this but latter it will jolt you with the secret the idea inside. Reading this book close to it was fantastic author who else write the book in such remarkable way makes the content interior easier to understand, entertaining technique but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of positive aspects than the other book possess such as help improving your ability and your critical thinking method. So , still want to hesitate having that book? If I ended up you I will go to the reserve store hurriedly.

Lavonne Yates:

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