



Discussion of Cold Damage (Shang Han Lun): Commentaries and Clinical Applications

By Guohui Liu

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A major new translation of the Chinese classic Shang Han Lun by scholar and medical doctor Guohui Liu makes this foundational text fully accessible to English speaking clinicians for the first time. Extensive study and research underpins the translation; the author's understanding of both classical and modern Chinese enables him to interpret fully the ancient work within the theory of Chinese medicine. An extensive commentary explains the translation, the difficulties with the text, how it has been subsequently translated and expands on the theory laid out in the original text to reach an understanding that can be applied in the clinic for diagnosis and treatment. The value of this classic text lies primarily in its establishment of a basic framework for differentiation and treatment, but it also presents 112 formulas and 88 medicinal substances, which are commonly applied in clinical work for various conditions. In this edition, the 112 formulas are fully explained in the context of the clinical experiences of well-known ancient and modern doctors, and they are also laid out in two appendices, cross referenced to the text.

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Editorial Review

Review

The Shang Han Lun is one of the most important texts in Chinese herbal medicine. A Discussion of Cold Damage (Shang Han Lun) by Guohui Liu is a masterpiece. This extraordinary book includes line-by-line translations, analysis of each formula, a superb presentation of difficult and doubtful areas about formulas, and commentary and clinical applications. The book includes an incredible collection of insights and experiences from scholars and practitioners from ancient to contemporary time. A Discussion of Cold Damage (Shang Han Lun) is the most comprehensive and clinically valuable book in the English language. I highly recommend this book to anybody studying or practicing Chinese herbal medicine. -- Dr. David Twicken, DOM, L.Ac., Chinese medicine practitioner, professor and clinical supervisor, author of The Eight Extraordinary Channels, The Divergent Channels, The Luo Collaterals and I Ching Acupuncture - The Balance Method In Discussion of Cold Damage, Dr. Liu Guohui, a clinical expert and scholar, has delivered authentic knowledge of the ancestral book of all Chinese herbal formulas, the Shang Han Lun. This book is essential for those seeking the roots of classical Chinese medicine. -- Master Zhongxian Wu, a lifelong Daoist practitioner and author of 12 books on Chinese wisdom traditions Dr. Liu masterfully guides us line-by-line through the Shang Han Lun (Discussion of Cold Damage), incorporating ancient and modern commentaries (many previously unavailable in English), as well as his own profound insights, explanations and clinical pearls, thereby elucidating this difficult classic and, ultimately, making it readily comprehensible and clinically relevant for modern western practitioners. Twenty years in the making, this book is an outstanding and major contribution to the English literature and a must have for all students and practitioners of Chinese medicine. -- Greg A. Livingston, Ph.D.(China), L.Ac.

Review

The Shang Han Lun is one of the most important texts in Chinese herbal medicine. *A Discussion of Cold Damage (Shang Han Lun)* by Guohui Liu is a masterpiece. This extraordinary book includes line-by-line translations, analysis of each formula, a superb presentation of difficult and doubtful areas about formulas, and commentary and clinical applications. The book includes an incredible collection of insights and experiences from scholars and practitioners from ancient to contemporary time. *A Discussion of Cold Damage (Shang Han Lun)* is the most comprehensive and clinically valuable book in the English language. I highly recommend this book to anybody studying or practicing Chinese herbal medicine. (Dr. David Twicken, DOM, L.Ac., Chinese medicine practitioner, professor and clinical supervisor, author of The Eight Extraordinary Channels, The Divergent Channels, The Luo Collaterals and I Ching Acupuncture - The Balance Method)

In *Discussion of Cold Damage*, Dr. Liu Guohui, a clinical expert and scholar, has delivered authentic knowledge of the ancestral book of all Chinese herbal formulas, the Shang Han Lun. This book is essential for those seeking the roots of classical Chinese medicine. (Master Zhongxian Wu, a lifelong Daoist practitioner and author of 12 books on Chinese wisdom traditions)

Dr. Liu masterfully guides us line-by-line through the Shang Han Lun (Discussion of Cold Damage), incorporating ancient and modern commentaries (many previously unavailable in English), as well as his own profound insights, explanations and clinical pearls, thereby elucidating this difficult classic and, ultimately, making it readily comprehensible and clinically relevant for modern western practitioners. Twenty years in the making, this book is an outstanding and major contribution to the English literature and a must have for all students and practitioners of Chinese medicine. (Greg A. Livingston, Ph.D.(China),

L.Ac.)

About the Author

Guohui Liu, M.Med., L.Ac., has been studying and practising Chinese medicine for over thirty years. He gained his Bachelor's and Master's degrees at Chengdu University of Traditional Chinese Medicine, where, in 1994, he later became Associate Professor. Dr. Liu currently serves on the faculty of the Oregon College of Oriental Medicine. He runs workshops across Europe and the United States on various aspects of Chinese medicine and has written numerous books and articles in Chinese about medicine and the classic texts, including *Warm Pathogen Diseases*. Dr. Liu is the author of *Foundations of Theory for Ancient Chinese Medicine: Shang Han Lun and Contemporary Medical Texts*, also published by Singing Dragon. He lives in Portland, Oregon, where he maintains a private practice.

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Exactly why? Because this Discussion of Cold Damage (Shang Han Lun): Commentaries and Clinical Applications is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will shock you with the secret that inside. Reading this book next to it was fantastic author who else write the book in such awesome way makes the content interior easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of advantages than the other book have such as help

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