



The Old Man and the Cat: A Love Story

By Nils Uddenberg

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The Old Man and The Cat is a story of how Nils Uddenberg, retired Professor of Psychology became a beloved cat-owner even though he had never wanted a pet of any kind.

One winter morning the author discovered a cat—whom he would later find was homeless—sitting outside his bedroom window, staring at him with big yellow eyes. Slowly but surely the cat worked itself into his life.

This award-winning writer who has a background in psychology could not stop himself from going deeper into the cat's inner life. Does she have a sense of humor? Is it possible to attach human feelings to her? And the trickiest question of all: Is our little cat actually interested in our attachment to her?

With humor and self-awareness, Nils describes how his existence changed after the cat moved into his house. The feelings she stirs up are a surprise to him and he quickly finds himself falling in love with this speckled grey-brown little lady.

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Editorial Review

Review

“A captivating book ... We follow Uddenberg's humorous and philosophical thoughts on the inner life of a cat, as seen in his beloved Kitty. The style of the writing has a pleasant simplicity, with gripping short anecdotes ... Uddenberg psychologises in a warm, self-aware vein on the cat's various personalities and how we anthropomorphize its behavior.” ?*Lisbeth Antonsson, Östgöta Correspondenten*

“A sweet and heartbreaking story about a retired couple who suddenly become cat owners--more or less against their will.” ?*Vi over 60 (Norway)*

“A lovely love story, told without irony or self-derision, in which the author analyses-as the professional psychiatrist that he is-the relationship between men and animals.” ?*L'Esor Salandais magazine (France)*

“This little book is as adorable as a six-week old kitten. Thanks to the subject, the creator and the artist Ane Gustavsson, whose monochrome water-colors are not mere illustrations but works of art in their own right ... Uddenberg's description of the process of familiarization between the two of them is irresistible. It is in fact a sort of love story with much the same aspects as human love.” ?*Nina Lekander, Expressen (Sweden)*

“Written in a simple but heartfelt style, Uddenberg's remembrances of life with Kitty will undoubtedly appeal to cat lovers who will recognize and appreciate the little nuances, behaviors, and idiosyncrasies Kitty brings to the retired professor's household, and the way she wriggled herself into his life and affection.” ?*Publishers Weekly*

About the Author

NILS UDDENBERG is a retired university lecturer in Medical Psychology. In 2003 he won the August Prize for his book *Ideas About Life*. He lives in Sweden.

Users Review

From reader reviews:

David Veal:

The knowledge that you get from The Old Man and the Cat: A Love Story could be the more deep you looking the information that hide inside the words the more you get thinking about reading it. It doesn't mean that this book is hard to be aware of but The Old Man and the Cat: A Love Story giving you buzz feeling of reading. The copy writer conveys their point in specific way that can be understood simply by anyone who read it because the author of this book is well-known enough. This book also makes your personal vocabulary increase well. Therefore it is easy to understand then can go along, both in printed or e-book style are available. We suggest you for having that The Old Man and the Cat: A Love Story instantly.

Dora Bair:

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