



Surviving the Female Narcissist: It's All About Her (The Path Forward Book 3)

By Lisa E. Scott

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Are you in a relationship with a woman obsessed with her image? Is she consumed with her needs to the exclusion of all others? Do you feel you can do nothing right in her eyes no matter what lengths you go to please her? Is it...ALL ABOUT HER...all the time? If so, you may be in a relationship with a female narcissist. "It's All About Her" will help you understand the personality of a narcissist and why a relationship with someone like this will eventually drain, exhaust and confound you. It is hard to avoid the female narcissist in today's modern culture. Narcissism is increasing just as fast as rates of obesity in America. Today's youth are three times more narcissistic than their predecessors and a large percentage of this increase has been attributed to a greater number of narcissistic women. Not surprising when women who display haughty, arrogant, self-indulgent and child-like behavior are rewarded with their own television series (i.e. "The Kardashians" and "The Real Housewives"). Daughters who once would have been disciplined for spoiled conduct are now glamorizing such behavior on television. Reality TV has produced a generation of young girls who fill their rooms with "Princess" pillows and post "Selfies" of themselves on social media for validation of their self-worth. Underneath the flashy and intoxicating exterior of a narcissist is a fragile ego, which requires constant attention and validation. The implications this has on a relationship are far more damaging than one could ever imagine. Eventually, a narcissist will belittle, criticize, devalue and discard you. Narcissists are incapable of reciprocating love, which makes healthy relationships with them impossible. They are exhilarating and fun one moment and emotionally combative the next when they don't get their way. While they appear caring in the beginning, eventually you realize, they have simply put on an act in order to win and secure your love. They seek out relationships only to ensure someone is always present to stroke their delicate ego. "It's All About Her" offers first-hand personal accounts from numerous men who have fallen for the female narcissist and become ensnared in her trap. In addition, it explains the personality of a narcissist and offers Six Steps to help you break free and get off the "crazy-train" that a female narcissist creates in order to keep you hooked and forever catering to her needs. Visit us at www.ThePathForwardNow.com for additional support.

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Bibliography

- Sales Rank: #424284 in Books
- Published on: 2014-01-26
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .59" w x 6.00" l, .78 pounds
- Binding: Paperback
- 260 pages

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Editorial Review

About the Author

Lisa E. Scott is an Adjunct Professor of Organizational Psychology at Loyola University Chicago and a Human Resources representative for a global professional services firm. "It's All About Her" is her third book in a series of self-help books on the topic of narcissism in relationships. Visit her at: www.ThePathForwardNow.com, an online community of support for victims of narcissists.

Users Review

From reader reviews:

Gertrude Barrett:

Spent a free time and energy to be fun activity to perform! A lot of people spent their leisure time with their family, or their particular friends. Usually they performing activity like watching television, likely to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? May be reading a book might be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to try look for book, may be the guide untitled *Surviving the Female Narcissist: It's All About Her (The Path Forward Book 3)* can be great book to read. May be it might be best activity to you.

Carol Witt:

Surviving the Female Narcissist: It's All About Her (The Path Forward Book 3) can be one of your beginner books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but nevertheless delivering the information. The article author giving his/her effort to set every word into delight arrangement in writing *Surviving the Female Narcissist: It's All About Her (The Path Forward Book 3)* although doesn't forget the main position, giving the reader the hottest in addition to based confirm resource facts that maybe you can be considered one of it. This great information could drawn you into brand-new stage of crucial imagining.

Beatrice Flanagan:

This *Surviving the Female Narcissist: It's All About Her (The Path Forward Book 3)* is great publication for you because the content that is certainly full of information for you who all always deal with world and also have to make decision every minute. That book reveal it facts accurately using great coordinate word or we can say no rambling sentences in it. So if you are read that hurriedly you can have whole data in it. Doesn't mean it only offers you straight forward sentences but challenging core information with beautiful delivering sentences. Having *Surviving the Female Narcissist: It's All About Her (The Path Forward Book 3)* in your hand like getting the world in your arm, data in it is not ridiculous 1. We can say that no publication that offer you world within ten or fifteen tiny right but this guide already do that. So , this is good reading book.

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Harold Morris:

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