



# Improve Your Handwriting (Teach Yourself)

*By Rosemary Sassoon, Gunnlaugur S. E. Briem*

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**Improve Your Handwriting (Teach Yourself)** By Rosemary Sassoon, Gunnlaugur S. E. Briem

**Does your handwriting reflect the image you want to project?**

The way you write mirrors your mood and character. It is one of the main ways in which you communicate with the world, and the clarity and technique of your writing will be interpreted by others in many ways.

This practical and informative book will help you to improve your handwriting and find a mature, attractive and individual style. It is specifically written for adults and uses self-diagnosis to identify problems and provides exercises for improving your script. In a digital age where writing by hand remains a vital skill, this book covers everything from holding a pen and retraining bad habits, to the difficulties that left handers face and problems that may be caused by medical conditions. It shows how to write quickly and clearly when desired, and beautifully when desired.

**Experiment with the way you write and choose the style that suits you best, enabling you to write quickly and legibly when it really matters.**

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## **Editorial Review**

### **Review**

*"This book helped me to easily diagnose what went wrong and how to set about improving my writing"*? **Tanya - Amazon reviewer**

### **About the Author**

Rosemary Sassoon is a handwriting consultant specialising in the educational and medical areas. Her background is in lettering and design, but her fieldwork and research into adult problems form the basis for this book. She lectures widely and is the author of several books.

Gunnlaugur SE Briem is a designer with a Ph.D from the Royal College of Art in London who divides his time between Britain and California. He has taken an active interest in the experimental teaching of italic handwriting in his native Iceland. He is on the advisory board of Visible Language and has designed several typefaces, including a new family for the *Times* newspaper.

## **Users Review**

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