



From the Living Room to the Bedroom: The Modern Couple's Guide to Sexual Abundance and Lasting Intimacy

By PsyD, CST, CSAT, Drs. Bill and Ginger Bercaw

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If your relationship, including your sex life, stayed EXACTLY the way it is now for the rest of your life, would you be satisfied? If you can't quite answer "absolutely," you have lots of company. In fact, it has never been harder to be a couple than it is today: The strong currents of modern life are taking a huge toll on relationships, leaving many couples drifting slowly from each other. How would we know? Well, not only do we see this every day in our work with couples at our office, we regularly come face to face with these distance-creating currents in our own, thoroughly modern marriage. We have drawn on our marital and clinical experience to develop a new treatment model created to lead couples like you -- and like us -- on a powerful yet efficient journey toward rekindled passion and connection. The exercises we've chosen for this book focus squarely on improving your Living Room (emotional intimacy) and Bedroom (sexual intimacy) connection. The resulting positive feedback loop between the two rooms of your relationship is what we call CoupleFlow™, which is a stronger, brighter, more resilient and more passionate partnership that is more than capable of facing the many challenges posed by our crazy-busy, tech-bombarded, running in a million different directions culture. This approach has helped so many of our clients to find greater levels of joy in both rooms of their relationship than they ever knew possible. Since we can't personally work with everyone, we wrote our book to make it as easy as possible for any couple to have access to this proven, action-oriented program. We invite you to join the rising tide of couples taking charge of their relationships like never before...from the Living Room to the Bedroom.

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Editorial Review

Users Review

From reader reviews:

Paul Eastman:

Spent a free time to be fun activity to do! A lot of people spent their sparetime with their family, or their particular friends. Usually they doing activity like watching television, likely to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? Might be reading a book may be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to test look for book, may be the guide untitled From the Living Room to the Bedroom: The Modern Couple's Guide to Sexual Abundance and Lasting Intimacy can be very good book to read. May be it can be best activity to you.

Angela Dickens:

A lot of people always spent their own free time to vacation or perhaps go to the outside with them household or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity here is look different you can read the book. It is really fun for you personally. If you enjoy the book you read you can spent all day every day to reading a book. The book From the Living Room to the Bedroom: The Modern Couple's Guide to Sexual Abundance and Lasting Intimacy it is rather good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. In case you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore simply to read this book through your smart phone. The price is not too expensive but this book has high quality.

David Barthel:

Is it a person who having spare time then spend it whole day through watching television programs or just lying down on the bed? Do you need something new? This From the Living Room to the Bedroom: The Modern Couple's Guide to Sexual Abundance and Lasting Intimacy can be the response, oh how comes? It's a book you know. You are consequently out of date, spending your extra time by reading in this completely new era is common not a nerd activity. So what these textbooks have than the others?

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