



## An Unlikely Path to Wellness

*By Paula Gil*

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After the birth of her son, Paula's health spiraled out of control. What should have been the most inspired and joyous time in her life turned into a living nightmare. Plagued by debilitating anxiety and panic attacks, she desperately searched for answers.

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## An Unlikely Path to Wellness By Paula Gil Bibliography

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## **Editorial Review**

### About the Author

Paula continues to nurture and build her wellness team. She remains focused and dedicated to her spiritual journey and to her path as a Healer. She firmly believes that healing and learning are synonymous. Her life and work are guided by this belief. P

## **Users Review**

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