



Unclutter Your Life in One Week

By Erin Rooney Doland

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Organization expert and founder of Unclutterer.com Erin Rooney Doland shows you how to declutter and simplify your surroundings, and create the stress-free life you deserve—in just one week.

Simplicity is revolutionary! Doland's down-to-earth approach and useful, innovative suggestions for tackling the physical, mental, and systemic distractions in your home and office will help you:

- Part with sentimental clutter
- Organize your closet based on how you process information
- Build an effective and personalized filing system
- Avoid the procrastination that often hinders the process
- Maintain your harmonious home and work environments with minimal daily effort
- And much more!

Includes a foreword from David Allen, bestselling author of *Getting Things Done*

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Unclutter Your Life in One Week By Erin Rooney Doland Bibliography

- Sales Rank: #72793 in Books
- Brand: Unknown
- Published on: 2010-12-28
- Released on: 2010-12-28
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .70" w x 6.00" l, .57 pounds
- Binding: Paperback
- 256 pages

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Editorial Review

Review

"Erin Doland defuses the dreadful prospect of clearing your clutter and breaks the project down into manageable, bite-sized steps. This book will inspire you to get started and see you through to an organized and stress-free home and office." -- Gina Trapani, founding editor of lifehacker.com

"One of the biggest questions people have about organizing is "where do I start"? Erin's wonderful book provides that answer-telling you exactly where to start, and what to do next, and next, and next. Very practical and accessible!" -- Julie Morgenstern, author of "SHED Your Stuff, Change Your Life"

"Simple, practical advice that makes one week truly life changing. A great resource!" -- Peter Walsh

"The infinitely resourceful Doland walks the reader through the uncluttering process with patience, understanding, and more organizing tips than you ever imagined. We all need a friend like Doland to give us a good jump start." -- Kristin van Ogtrop, Managing Editor, "Real Simple"

About the Author

Erin Doland is Editor-in-Chief of Unclutterer and lives in the Washington, D.C. area. In addition to her work at Unclutterer, Erin is a twice weekly columnist for *Real Simple* magazine's website, has written for CNN.com and *ReadyMade*, and is in negotiations to contribute a regular column to *Fast Company*. She borders on having a fanatical commitment to a more minimalist and simple lifestyle.

David Allen is an international author, lecturer, and founder and Chairman of the David Allen Company, a management consulting, coaching, and training company. His two books, *Getting Things Done* and *Ready for Anything* were both bestsellers. He is a popular keynote speaker on the topics of personal and organizational effectiveness.

Users Review

From reader reviews:

James Blouin:

Now a day people that Living in the era wherever everything reachable by talk with the internet and the resources included can be true or not need people to be aware of each facts they get. How people have to be smart in receiving any information nowadays? Of course the reply is reading a book. Examining a book can help folks out of this uncertainty Information especially this Unclutter Your Life in One Week book as this book offers you rich information and knowledge. Of course the data in this book hundred percent guarantees there is no doubt in it you may already know.

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Nancy Kidder:

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