



## POWER OF TED\* (\*THE EMPOWERMENT DYNAMIC): 10th Anniversary Edition

By David Emerald

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### POWER OF TED\* (\*THE EMPOWERMENT DYNAMIC): 10th Anniversary Edition By David Emerald

Escape the Grip of Drama and Take Control of Your Life

The Power of TED\* (\*The Empowerment Dynamic) is a fable on self-leadership, because how you lead your own life has everything to do with how you lead in other areas. It is a tool for both individuals and organizations who want to create more effective communication and relationships. Learning how to transform everyday drama and opt for more growth-oriented solutions, is the priceless gift it teaches.

As you walk with David, the main character, he shares how he is feeling victimized by life. Through serendipity he meets some wise guides, Ted and Sophia, who show David how he can move from feeling like a Victim to being a Creator of his own life.

The Power of TED\* offers a powerful alternative to the Karpman Drama Triangle with its roles of Victim, Persecutor, and Rescuer. The Empowerment Dynamic (TED) provides the antidote roles of Creator, Challenger and Coach and a more positive approach to life's challenges.

The teaching story provides a guide for learning and growing through the challenges we all face in our lives. Its message resonates with everyone who, at some time in their lives, feel victimized by their situation.

Having helped thousands of people and scores of organizations over the past decade, The Power of TED\* (\*The Empowerment Dynamic) is being published in this 10th Anniversary Edition to convey a very timely message of hope that all of life, whether at home or work, can be transformed to create satisfying and fulfilling relationships.

Its message is needed now more than ever.

The 10th Anniversary Edition retains the powerful leadership story and adds three new sections:

1. A new Foreword by Lisa Lahey, Ed D, Harvard Graduate School of Education

2. New Study Questions for the Journey

It's no exaggeration to say that our world would be a better place if everyone read it. Lisa Lahey, Harvard Graduate School of Education; co-author, *Immunity to Change*, and *An Everyone Culture*

The Empowerment Triangle is a highly original and effective escape from the Drama Triangle. Stephen Karpman, M.D., originator of the Karpman Drama Triangle

When practical advice meets profound, yet simple, explanations for human behavior, we can learn, change, and grow. Annie McKee; co-author *Becoming a Resonant Leader*, *Resonant Leadership*, and *Primal Leadership*

Reading TED\* is like having a private session with a gifted spiritual teacher and coach: as you make this delightful journey, you awaken to powerful new possibilities. Jennifer Louden, author of *Comfort Secrets of Busy Women* and the *Comfort Book* series

This powerful little book points the way toward a hugely fulfilling life of empowering relationships at work, at home, in the whole of your life. Gay Hendricks, Ph.D. and Kathlyn Hendricks, Ph.D., authors of *Conscious Loving*

Don't miss this valuable book! Scott Blanchard, co-author *Leverage Your Best, Ditch the Rest*

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### **Editorial Review**

#### **Review**

...really smart and helpful information about...stronger, saner, and healthier ways of behaving. --Elizabeth Gilbert, author of Eat, Pray, Love

The Power of TED\* is an engaging story that will help you escape from the traps of victimhood and enablement! --Stephen M. R. Covey, author of The Speed of Trust and co-founder of FranklinCovey's Trust Practice

Victimhood has become, in our time, a badge, an identity, a game, an excuse for laziness, frivolous law suits, and clever domination of others. I have always taught that Jesus did the victim thing right: He neither played the victim nor created victims of others. I think David Emerald is teaching our world the same wisdom in his Empowerment Dynamic. --Fr. Richard Rohr, O.F.M., author of Immortal Diamond: The Search for Our True Self

#### **About the Author**

David Emerald's insights come from over 30 years of study and lessons learned about effective relationships serving a wide range of individuals and organizations. His clients include Fortune 50 companies, government agencies, university leadership programs and executives. David is also associated with The Leadership Circle and the University of Notre Dame's Stayer Center for Executive Education. He brings his perspective of life's challenges and breakthroughs as a learning laboratory to his role as executive coach, consultant, facilitator, and keynote speaker. With his wife, Donna Zajonc, they are co-founders of the Bainbridge Leadership Center and live on an island in the Pacific Northwest

### **Users Review**

#### **From reader reviews:**

#### **Matthew Segal:**

Do you have favorite book? For those who have, what is your favorite's book? Book is very important thing for us to be aware of everything in the world. Each guide has different aim as well as goal; it means that book has different type. Some people feel enjoy to spend their time and energy to read a book. They are reading whatever they take because their hobby will be reading a book. How about the person who don't like reading through a book? Sometime, particular person feel need book after they found difficult problem or maybe exercise. Well, probably you will require this POWER OF TED\* (\*THE EMPOWERMENT DYNAMIC): 10th Anniversary Edition.

#### **Kathleen Elder:**

It is possible to spend your free time to study this book this publication. This POWER OF TED\* (\*THE EMPOWERMENT DYNAMIC): 10th Anniversary Edition is simple to deliver you can read it in the recreation area, in the beach, train as well as soon. If you did not have got much space to bring often the printed book, you can buy the e-book. It is make you much easier to read it. You can save the book in your

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**Marguerite Boutte:**

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**Sylvia Dozier:**

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