



# Sleep Apnea and Snoring: Surgical and Non-Surgical Therapy, 1e

By Michael Friedman MD

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**Sleep Apnea and Snoring: Surgical and Non-Surgical Therapy, 1e** By Michael Friedman MD

Finally, a multi-disciplinary approach that covers both the surgical and non-surgical interventions for sleep apnea and snoring. From the editor of *Operative Techniques in Otolaryngology*, this new reference will quickly become the standard in surgery for this key area within otolaryngology. .. Full-color line drawings illustrate key concepts and create a comprehensive way of learning surgical techniques.

- Provides consistent, templated chapters and a contemporary, full-color format for quick, easy access to the most up-to-date surgical and non surgical interventions for sleep apnea and snoring.
- Includes contributions from leaders in neurology, pulmonology, psychiatry, otolaryngology, and oral & maxillofacial surgery. to create a truly multi-disciplinary approach.
- Covers new and innovative procedures including ZPP (Zeta palatopharyngoplasty), Transpalatal Advancement Pharyngoplasty and Minimally invasive submucosal glossectomy
- Details when and why surgery is necessary, and how to perform a successful operation for snoring and sleep apnea.

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## **Sleep Apnea and Snoring: Surgical and Non-Surgical Therapy, 1e By Michael Friedman MD** **Bibliography**

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## **Editorial Review**

### **Review**

Compared with some more of the general otolaryngology books (i.e. *Head and Neck Surgery - Otolaryngology 4th edition*, Bailey et al. (Lippincott Williams & Wilkins, 2006) and *Cummings Otolaryngology-Head and Neck Surgery*, 4th edition, Cummings et al. (Elsevier, 2005)), this one does an excellent job of not only describing procedures but also providing appropriate diagrams to accompany them. Procedures such as implant techniques, while not necessarily highly thought of in the otolaryngologic community, are at least mentioned and presented objectively. This is a convenient source to have, as many of the commonly employed techniques are well illustrated and explained. Further detail for procedures may require looking elsewhere, but as an overview or refresher, I can see this being helpful. - **Doody's, 3 stars\*\*\***

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#### **Shirley Jones:**

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**Lisa Alaniz:**

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